



How to Get the Body You Want by Peony Pinker

By Jenny Alexander

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, How to Get the Body You Want by Peony Pinker, Jenny Alexander, It's winter and the Pinkers are out of shape - so Dad decides to use the whole family to test out his ideas for a new fit-in-four weeks diet book. But after a few weeks of early morning runs and cardboard flavoured ready meals, (meaning Peony needs chips and double helpings of pudding at lunch every day to make up) Peony's become so unfit can barely walk up the hill home. And she's supposed to be climbing Mount Snowdon in just a few weeks! Can Gran get the family back on track with some wise words and common sense? Hilarious family comedy with a self-help twist.

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Reviews

Extremely helpful to all class of individuals. It really is written in straightforward terms instead of difficult to understand. I am just happy to explain how this is the finest publication i have got read inside my own lifestyle and might be the very best ebook for possibly.

-- Dr. Meta Smith

Absolutely essential go through publication. It is filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Sierra Lowe Sr.