



## Nutrition for Life, Books a la Carte Edition

By Janice J Thompson, Dr Melinda Manore

Pearson, United States, 2015. Loose-leaf. Book Condition: New. 4th. 274 x 213 mm. Language: English . Brand New Book. NOTE This edition features the same content as the traditional text in a convenient, three-hole-punched, loose-leaf version. Books a la Carte also offer a great value this format costs significantly less than a new textbook. Before purchasing, check with your instructor or review your course syllabus to ensure that you select the correct ISBN. Several versions of Pearson s MyLab Mastering products exist for each title, including customized versions for individual schools, and registrations are not transferable. In addition, you may need a CourseID, provided by your instructor, to register for and use Pearson s MyLab Mastering products. xxxxxxxxxxx For graduate and undergraduate nutrition students Understanding and applying nutrition to everyday life The Fourth Edition of Nutrition for Life, MasteringNutrition Edition gives students the tools they need to effectively learn and master nutrition concepts and apply them to their daily lives. This visually rich text is packed with information and exercises to help students understand how the food they eat affects their bodies. Students will learn about essential nutrients, vitamins, minerals, and the chemical organization of micronutrients, while staying engaged with...



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