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## The Conscious Mama's Heart Book + Calendar: Your Complete Workbook to Creating Your Most Joyful, Conscious and Connected 2014

By Kaya Jongen and Lisa Bogle

Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This Heart Book is our gift to every mother of the world. To draw, from within yourself, your own Inner Truth, your Inner Wisdom and your Inner Mother Goddess. To create the most joyful, conscious and connected year ever for you and your family. It's your Journal, spiritual guide, yearly planner and calendar all in one Full of gorgeous, interactive, color posters and so many journals, practices and projects to do yourself and to share with your family. Mothers often look outside ourselves for answers. Seeking expertise from others. Comparing your parenting and your children's behavior to others. This Heart Book brings you back within. In here you can take a break from the information overload and follow the wisdom that lies within. There is such a wealth of answers already within you. Your instincts are your most valuable gifts as a mother. There is no one who knows you or your family like you do. This Heart Book is your guide, drawing your wisdom out. Bringing you clarity in your relationships and your experience...



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