



Paleo Snacks and Treats Healthy, Delicious Recipes for the Whole Family

By Jessica Summers

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 54 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. For those following the Paleo diet, it can be hard to find healthy snacks, especially when you're busy. I know exactly how you feel because I'm a working mom! That's why I've put together this handy book with my family's favorite Paleo snacks and treats. The recipes are quick and easy and the results are simply divine. Whether you have a sweet tooth or love a savory snack, there's something for everyone in this book. All the recipes are strictly Paleo, and are completely free of grains, gluten, dairy, pulses and refined sugar. So, what are you waiting for? Grab your copy now! This item ships from La Vergne, TN. Paperback.



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